# **PCS-CEA Schedule**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **10am** | * Music Appreciation * Self Care | * Music Appreciation * Mindfulness | * Music Appreciation * Art | * Music Appreciation * Mindfulness/Yoga | * Music Appreciation |
| **11am** | * Art * Craft * Music * Karate | * Art * Craft * Music * Yoga | * Social Skills * Cooking * Music * Yoga | * Art * Cooking * Dance * Mindfulness/Yoga | * CEA Cares * Craft * Social Skills |
| **12pm** | * Lunch | * Lunch | * Lunch | * Lunch | * Lunch |
| **1pm** | * Money Management * Craft * Fitness * Craft | * Social Skills * Craft * Fitness * Games | * Photo Forum/Photography * Cooking * Fitness | * Social Skills * Cooking * Fitness * Art | * FUN FRIDAY!! |
| **2pm** | * Book Club * Craft * World Studies * Sign Language | * Book Club * Dance * Life Skills * Media | * Dance * Kitchen Skills * World Studies * Life Skills | * Money Management * Kitchen Skills * Music * Life Skills | * Music * Craft * Life Skill |