#  **PCS-CEA Schedule**

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| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **10am** | * Music Appreciation
* Self Care
 | * Music Appreciation
* Mindfulness
 | * Music Appreciation
* Art
 | * Music Appreciation
* Mindfulness/Yoga
 | * Music Appreciation
 |
| **11am** | * Art
* Craft
* Music
* Karate
 | * Art
* Craft
* Music
* Yoga
 | * Social Skills
* Cooking
* Music
* Yoga
 | * Art
* Cooking
* Dance
* Mindfulness/Yoga
 | * CEA Cares
* Craft
* Social Skills
 |
| **12pm** | * Lunch
 | * Lunch
 | * Lunch
 | * Lunch
 | * Lunch
 |
| **1pm** | * Money Management
* Craft
* Fitness
* Craft
 | * Social Skills
* Craft
* Fitness
* Games
 | * Photo Forum/Photography
* Cooking
* Fitness
 | * Social Skills
* Cooking
* Fitness
* Art
 | * FUN FRIDAY!!
 |
| **2pm** | * Book Club
* Craft
* World Studies
* Sign Language
 | * Book Club
* Dance
* Life Skills
* Media
 | * Dance
* Kitchen Skills
* World Studies
* Life Skills
 | * Money Management
* Kitchen Skills
* Music
* Life Skills
 | * Music
* Craft
* Life Skill
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